

## **TO OUR LADY**

“Lovely Lady dressed in blue---  
Teach me how to pray!  
God was just your little boy,  
Tell me what to say!  
Did you lift Him up sometimes,  
Gently on your knee?  
Did you sing to Him the way  
Mother does to me?  
Did you hold His hand at night?  
Did you ever try  
Telling stories of the World?  
O! And did He cry?  
Do you really think He cares  
If I tell Him things---  
Little things that happen?  
And Do the Angels’ wings,  
Make a noise? And can He hear  
Me if I speak low?  
Does He understand me now?  
Tell me--- for you know.  
Lovely Lady dressed in blue,  
Teach me how to pray!  
God was just your little Boy,  
And you know the way.”

## **GOLDEN PRAYER**

O Immaculate Heart of Mary, refuge of sinners, I beg of you by the infinite merits of the Sacred Heart of Jesus, and by the graces God has granted to you since your Immaculate Conception, the grace of never going astray again. Mother, keep me, a sinner, constantly bathed in the light of your Immaculate Heart.

O Immaculate Heart of Mary, in union with all my brothers and sisters throughout the world, I freely consecrate myself to your Heart, Immaculate and pure. Please accept this personal consecration as an act of reparation and for the conversion of sinners.

O Immaculate Heart of Mary, I love you! And I wait patiently for the day that your Immaculate Heart will triumph.

I humbly lay my soul in the light of your purity! Immaculate Heart of Mary, be my refuge, and the way to the eternal light of Jesus, our God. Amen.

## **THE MEMORARE**

“Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to thy protection, implored thy help, or sought thy intercession, was left unaided. Inspired with this confidence, I fly unto thee O Virgin of virgins, my mother, To thee I come; before thee I stand, sinful and sorrowful. O Mother of the Word Incarnate, despise not my petitions, but in thy mercy, hear and answer me. Amen.”

## **THE MAGNIFICAT (Canticle of Mary)**

My soul proclaims the greatness of the Lord,  
My spirit rejoices in God my Savior for He has looked with favor on His lowly servant.

From this day all generations will call me blessed:  
the Almighty has done great things for me, and holy is His Name.

He has mercy on those who fear Him in every generation.

He has shown the strength of His arm,  
He has scattered the proud in their conceit.

He has cast down the mighty from their thrones,  
and has lifted up the lowly.

He has filled the hungry with good things, and the rich He has sent away empty.

He has come to the help of His servant Israel  
for He has remembered His promise of mercy, the promise He made to our fathers, to Abraham and his children for ever. Amen.

## **Prayer of Pope Benedict XVI**

“Holy Mary, Mother of God, you have given the world its true light, Jesus, your Son – the Son of God. You abandoned yourself completely to God’s call and thus became a wellspring of the goodness which flows forth from Him. Show us Jesus. Lead us to Him. Teach us to know and love Him, so that we too can become capable of true love and be fountains of living water in the midst of a thirsting world.”

# **Mary’s Ministry Prayer Guide**



“Behold, I am the handmaid of the Lord.  
Be it done to me according to Thy word.”  
Blessed Virgin Mary, Luke I: 38

## **Marian Prayers for Individuals and Families**

October is the month in which Mary Most Holy; Queen of the Rosary is venerated. The feast of the Holy Rosary is celebrated on October 7<sup>th</sup>.

The Rosary is a powerful tool to help us achieve peace...within our families...within our world as Pope John Paul II has reminded us. "As a prayer for peace, the Rosary is also, and always has been a prayer of and for the family. At one time this prayer was particularly dear to Christian families, and certainly brought them closer together. It is important not to lose this precious inheritance. We need to return to the practice of family prayer and prayer for families...  
Rosarium Virginis Mariae Para 41

## The Mysteries of the Rosary

### The Joyful Mysteries (Mondays & Saturdays)

1. The Annunciation
2. The Visitation
3. The Nativity
4. The Presentation
5. The Finding of Jesus in the Temple

### The Luminous Mysteries (Thursdays)

1. The Baptism of Jesus
2. The Wedding at Cana
3. The Proclamation of the Kingdom of Heaven
4. The Transfiguration
5. The Institution of the Holy Eucharist

### The Sorrowful Mysteries (Tuesdays & Fridays)

1. The Agony in the Garden
2. The Scourging at the Pillar
3. The Crowning with Thorns
4. The Carrying of the Cross
5. The Crucifixion

### The Glorious Mysteries (Sunday & Wednesdays)

1. The Resurrection
2. The Ascension
3. The Descent of the Holy Spirit
4. The Assumption
5. The Crowning of the Blessed Virgin

## How to Pray the Rosary

1. Begin the Rosary with the Sign of the Cross and the Apostles' Creed.
2. Continue with the Our Father, 3 Hail Marys for an increase of faith, hope, and charity, and Glory Be.
3. State the first mystery; pray the Our Father, 10 Hail Marys, Glory Be and the Fatima Prayer while meditating upon this mystery.
4. Repeat this for each subsequent mystery.
5. At the end of each day's rosary, say the Hail, Holy Queen and concluding prayers.

## Rosary Prayers

### The Sign of the Cross

With your right hand, trace a cross by touching your forehead, then chest, left shoulder and right shoulder while saying: "In the name of the Father, and of the Son, and of the Holy Spirit. Amen."

### The Apostles' Creed

I believe in God, the Father Almighty, Creator of Heaven and earth; and in Jesus Christ, His only Son, Our Lord; who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried. He descended into Hell; the third day He rose again from the dead; He ascended into Heaven, and sitteth at the right hand of God, the Father Almighty; from thence He shall come to judge the living and the dead. I believe in the Holy Spirit, the Holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

### Our Father

Our Father, Who art in Heaven, hallowed be Thy Name. Thy kingdom come, Thy will be done on earth as it is in Heaven. Give us this day our daily bread, and forgive us our

trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. Amen.

### Hail Mary

Hail Mary, full of grace, the Lord is with thee; blessed art thou among women, and blessed is the Fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

### Glory Be

Glory be to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, is now, and ever shall be, world without end. Amen.

### Fatima Prayer

O my Jesus, forgive us our sins, and save us from the fire of Hell; lead all souls to Heaven, especially those in most need of Thy mercy.

### Hail, Holy Queen and concluding prayers

Hail, Holy Queen, Mother of mercy, our life, our sweetness and our hope. To thee do we cry, poor banished children of Eve. To thee do we send up our sighs, mourning and weeping in this valley of tears. Turn then, most gracious advocate, thine eyes of mercy toward us, and after this our exile, show unto us the blessed fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary. Pray for us, O holy Mother of God. That we may be made worthy of the promises of Christ. Let us pray. O God, whose only begotten Son, by His life, death, and resurrection, has purchased for us the rewards of eternal life, grant, we beseech Thee, that meditating upon these mysteries of the most holy Rosary of the Blessed Virgin Mary, we may imitate what they contain, and obtain what they promise, through the same Christ our Lord. Amen.